

Day 1



Check in

Complimentary Welcoming drink

Ultimate Aromatherapy Massage (55 min)

A personalized sensory treatment using your chosen mood-enhancing oil blend to relax, uplift, or rebalance your energy.

Complimentary Herbal Sleep Elixir Anti-Stress Pillow

Three-course dinner



Day 2



Breakfast

Tranquillity™ Full body Scrub (50min) An extraordinary deep cleansing aromatherapy scrub enhancing cellular oxygenation, micro circulation, and skin vibrancy. It eases mental and physical fatigue, promotes muscle detensioning, improves posture, and offers a pleasant feeling of lightness and elasticity. You can use this treatment to accompany any of our body or facial rituals.

Three-course lunch

Yoga & Meditation Session (80 min)

A grounding practice designed to quiet the mind and release accumulated tension.

Complimentary Herbal Sleep Elixir Anti-Stress Pillow

Three-course dinner



Day 3



Breakfast

Facial Treatment (55 min) "one for him one for her"

A revitalizing experience tailored to refresh and brighten your complexion.

11:00 Check out

(late check out complimentary if available)



Bliss Full Couple 2 night – Total Package Cost

Weekdays Monday - Friday 790 Euros for 2 People

Weekends (including either Saturday or Sunday)
890 Euros for 2 People

FOR BOOKINGS:

22015590 aelia@aeliawellness.com.cy

Aelia Wellness Retreat

150 Grigoriou Afxentiou Tseri -Analiontas Nicosia 2641 – Cyprus

Optional Add-On Experiences

(Pre-booking required and subject to availability)
Reiki Healing Session
Horseback Riding
Bike Rental
Nordic Walking Sticks

Customization

Any service or treatment in this program may be rescheduled to a different day during your stay

