

BLISS FULL COUPLE

onenight stay



Day 1

- **Check in**
- **Welcoming drink**
- **Ultimate Aromatherapy Massage 55 min:** Pause for a moment and think about how you are feeling now. Then, imagine how you would like to feel. Now, just select the mood oil blend that matches that feeling, sit back and enjoy!
- **Private Yoga & Meditation 60 min:** Harmonize mind, body and spirit with a calming yet invigorating yoga session or meditation and connect with your inner self.
(If not available, it can be replaced by one 25-minute spa treatment.)
- **3 course Meal Dinner**
*excluding beverages



Day 2

- **Breakfast**
- **Foot Reflexology Massage 35 min:** This massage combines pressure points and specific movements for the foot and lower leg. It promotes body healing, releases energy and brings harmony and balance to the body. The perfect relaxation treatment and as an add on to other massage or body rituals.

Optional Add-On Experiences

fall in love again with an unforgettable private candle-lit meal just for you two under the stars with your private butler that cater discreetly for all your needs. Three course set menu with a bottle of house wine 75 euro per person

AELIA WELLNESS RETREAT
RESERVATIONS: 22015590

Blissfull Couple Program one night– Total Package Cost

Weekdays Monday - Friday
450 Euros for 2 People

Weekends
550 Euros for 2 People