



- Welcoming drink
- Ultimate Aromatherapy Massage 55 min: Pause for a moment and think about how you are feeling now. Then, imagine how you would like to feel. Now, just select the mood oil blend that matches that feeling, sit back and enjoy!
- Private Yoga & Meditation 60 min: Harmonize mind, body and spirit
 with a calming yet invigorating yoga session or meditation and connect
 with your inner self.
 (If not available, it can be replaced by one 25-minute spa treatment.)
- Three course meal at our Restaurant

Total price for one person 139.50 euro Total price for two people 246.50 euro Total price for three people 357.00 euro Each additional person: 110.00 euro

AELIA WELLNESS RETREAT RESERVATIONS: 22015590